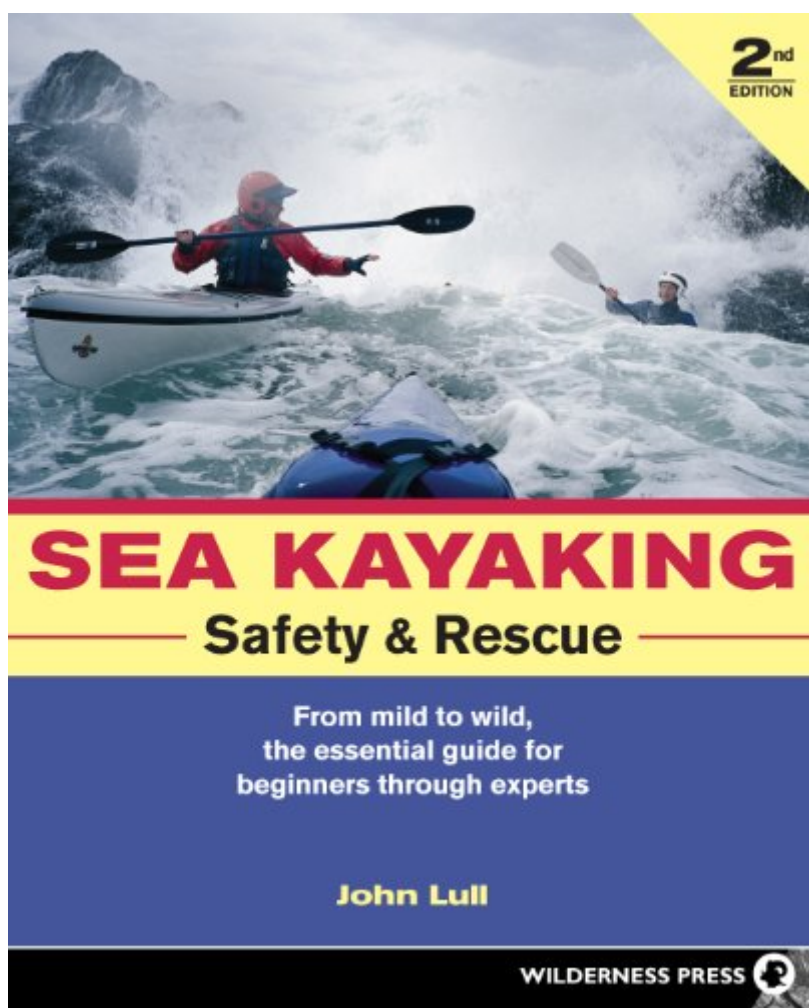


The book was found

Sea Kayaking Safety And Rescue: From Mild To Wild, The Essential Guide For Beginners Through Experts



Synopsis

The most comprehensive manual on how to kayak safely in a wide variety of sea environments--from inland waterways to ocean rock gardens, tide rips, surf zones, and the open ocean. Aimed at beginners through experienced kayakers, this book describes how to deal with hazards, not just avoid them, using real-life, extensively tested techniques proven to work. You'll learn fundamental skills for recovery and rescue, and master safe paddling techniques in ocean conditions. Numerous photos accompany step-by-step descriptions of the Eskimo roll, towing methods, self- and partner-rescues, backup strategies, and group dynamics. The second edition has a fresh chapter on fine-tuning your strokes, which will significantly increase kayaking fun and safety.

Book Information

File Size: 84409 KB

Print Length: 298 pages

Publisher: Wilderness Press; 2nd ed. edition (March 15, 2013)

Publication Date: March 15, 2013

Sold by: Amazon Digital Services LLC

Language: English

ASIN: B00BSEQNEE

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Screen Reader: Supported

Enhanced Typesetting: Enabled

Best Sellers Rank: #667,108 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #61

in [Books > Sports & Outdoors > Outdoor Recreation > Kayaking > Sea Kayaking](#) #263

in [Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Safety & First Aid](#) #915

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Customer Reviews

Great book, obviously John writes from a wealth of experience and this is a classic of its genre. Excellent reference on an important subject.

Good info . Makes one think before and not wait until the moment! Worth reading

excellent delivery and book was as expected

great information

I started reading it and then somehow or another it was misplaced and who knows what happened to it. But if I remember correctly it was a good book. I reckon I'll have to buy it again.

In my opinion the most complete and most up to date book on sea kayak rescues. Highly recommended for any one who paddles solo or takes others out on the sea.

This is truly an outstanding book on sea kayaking safety. Very thorough. Very practical. I particularly liked the chapters on Eskimo rolling and great detail on surf technique and issues. An absolute must-read for kayakers aspiring to be expert.

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